## My Via-Algarviana

Hiking in Portugal from 30 April to 15 May 2022 Total trail distance: 313 km/195 mi; Arrival at Hotel d' Alcoutim by Saturday, 30 April, 6pm Europe is varied and beautiful • Please travel by train/bus

30/4 • Day 1 Saturday Arrival/Travel to Alcoutim by 6pm, meet & greet 1/5 • Day 2 Alcoutim-Furnazinhas 25 km, eight hrs. Private accommodation (medium\*\*) 2/5 • Day 3 Furnazinhas-Vaqueiros 22 km, seven hrs. Casas d' Aldeia, AL (easy\*) 3/5 • Day 4 Vaqueiros-Cachopo 18 km, six hrs. Cachopo, hiking inn, (medium\*\*) 4/5 • Day 5 Cachopo-Feiteira-Cortelha 20 km, seven hrs. Cantinho da Serra, AL (medium\*\*) 5/5 • Day 6 Cortelha-Salir-Benafim 24 km, eight hrs. Agroturismo Quinta do Freixo (medium\*\*) 6/5 • Tag 7 Benafim-Alte-S.B. Messines 20 km, seven hrs. Vale Fuzeiros Nature Guesthouse, AL (easy\*) 7/5• Tag 8 Messines-Silves 28 km, seven hrs. Horta Grande Hostal, AL (difficult\*\*\*) 8/5 • Day 9 Silves-Caldas de Monchique 30 km, ten hours Private accommodation (difficult\*\*\*) 9/5 • Day 10 Caldas de Monchique-Monchique-Marmelete 25 km, eight hrs. Private accommodation, Marmelete (difficult\*\*\*) 10/5 • Day 11 Marmelete-Aljezur 22 km, seven hrs. Hostal Amazigh (easy\*) 11/5 • Day 12 Aljezur-Arrifana 15 km, five hrs. Youth Hostel (easy\*) 12/5 • Day 13 Arrifana-Bordeira-Carrapateira 25 km, eight hrs. Pension das Dunas (medium\*\*) 13/5 • Day 14 **Carrapateira Rest Day** 14/5 • Day 15 Carrapateira-Pedralva-Vila do Bispo 22 km, five hrs. Casa Mestre, AL (easy\*) 15/5 • Day 16 Sunday Vila do Bispo - Cape St Vincent 17 km, six hours (easy\*) Transfer from the Cape to Lagos by public transport Lagos, departure on 15 May at 5pm

The **My Via-Algarviana** long-distance trail combines the finest routes of the *Via Algarviana* (GR13, 232km/145 mi) and the Best Of the *Rota Vicentina* (GR11, 81 km/50 mi) and features 14 full hiking days. Every day has its particular cultural and historical highlights, and is an ecological challenge, as well as a spring-time immersion into the flora and fauna of the backcountry. All participants should have experience in long-distance hiking and enjoy a sound level of fitness. **My Via-Algarviana** includes multi-lingual guiding by two journalists, 14 nights' B&B accommodation, 15 authentic lunches and dinners, a public transport transfer from the Cape to Lagos, sightseeing and personal accident insurance. In geographic terms, our destination is Europe's most south-westerly cape; as an experience, the long distance hike ends in Lagos.

This is a trip organised for the readers of ECO123 magazine. Price  $\in$  1,590 For more information + booking, contact:

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